

Hello Concourse Village families! I hope all is well and you are staying warm in this cold month!

January is National Blood Donor Month!

**The donation process is:**

Step 1: Register

Step 2: Get a mini physical

Step 3: Donation

Step 4: Enjoy a refreshment!

January is:

## **National Blood Donor Month**

Some health benefits of donating blood:

- You will receive a mini physical to check your: pulse, blood pressure, body temperature and Hemoglobin.

## **What can you expect?**

Come prepared!

- Have a light meal and plenty to drink.
- Bring your donor card, driver's license or two other forms of ID.
- Bring the names of medication you are taking.

**Where and when can I donate?**

-520 W 49<sup>th</sup> St

NY, NY 10019

1/24/15- 1pm-7pm

-715 North Ave

New Rochelle, NY  
10801

1/28/15 9am-5pm

-520 W 49<sup>th</sup> St

NY, NY 10019

1/24/15- 1pm-7pm

-520 W 49<sup>th</sup> St

NY, NY 10019

1/30/15- 1pm-7pm

## **What are we learning?**

The whole school is currently learning about basketball. The first game of basketball dates back to 1892. Dr. James Naismith invented the game for the local YMCA. Some of his rules are still used today. Basketball at CVES is very popular. The students are learning skills such as dribbling, bouncing passing, chest passing, shooting a lay up and playing offense and defense. This module is exciting because our scholars have learned about famous athletes such as LeBron James and Dwayne Wade in their classroom.

## The **NBA** is coming to town!

At CVES we are working with the **NBA** for two events. The first event was the **Fit, Dribble Dish & Swish Competition**. All second and third graders participated in this competition. The first place winners for this competition were: Ezikiel Dolphin, Wilmer Castillo, Engelina Santiago and Jennifer Jimenez.

### *Congratulations to the winners!*

The second event is happening February 13<sup>th</sup> and it is called the **NBA All-Star Fit Celebration**. This event will celebrate the game of basketball and teach the values of the game throughout the five boroughs of NYC. This is a program that brings basketball, fitness, nutrition and a healthy well being together.



### *Coming Soon To A Gym Near You!*



Dance, Tennis, Throwing, Catching, Bowling and many more!